Waikato District Health Board		<sup>Type:</sup> Drug Guideline	Document reference: 2951	Manual Classification: Waikato DHB Drug Guidelines		
Title:					Effective date:	
Benzylpenicillin for neonates					16 February 2022	
Facilitator <sub>sign/date</sub>	Authorised sign/date	Authorised	Authorised sign/date		Page: <b>1 of 3</b>	
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# **BRIEF ADMINISTRATION GUIDE**

For detailed information refer to The Australasian Neonatal Medicines Formulary benzylpenicillin guideline

Critical Note: there are minor variations between the ANMF and Waikato DHB best practice within this drug guideline – see yellow shaded text

Indications: Bacterial infections sensitive to benzylpenicillin

Route:

- Intravenous, intramuscular (if IV route unavailable)
  - Supplied as benzylpenicillin sodium 600 mg vial, powder for reconstitution pH of benzylpenicillin is 5.5 - 7.5
     Note: Do not confuse with benzathine penicillin which is only used for IM injection

Dose:

 Sepsis 60 mg/kg/dose (excluding meningitis and congenital syphilis) Dosing interval as per table below

Corrected Gestational Age (weeks)	Postnatal age (days)	Interval (hours)
< 30 <sup>+0</sup>	0 - 28	12
< 30 <sup>+0</sup>	29+	8
30 <sup>+0</sup> - 36 <sup>+6</sup>	0 - 14	12
30 <sup>+0</sup> - 36 <sup>+6</sup>	15+	8
37 <sup>+0</sup> – 44 <sup>+6</sup>	0 - 7	12
37 <sup>+0</sup> - 44 <sup>+6</sup>	8+	8
≥ 45		6

• Meningitis 90 mg/kg/dose. Dosing interval as per table below

Corrected Gestational Age (weeks)	Postnatal age (days)	Interval (hours)	
< 37+0	0 - 7	12	
< 37+0	8+	8	
≥ 37+0	0+	8	

• Congenital syphilis 30 mg/kg/dose. Dosing interval as per table below

Corrected Gestational Age (weeks)	Postnatal age (days)	Interval (hours)		
< 30+0	0 - 28	12		
< 30+0	29+	8		
$30^{+0} - 36^{+6}$	0 - 14	12		
$30^{+0} - 36^{+6}$	15+	8		
37 <sup>+0</sup> – 44 <sup>+6</sup>	0 - 7	12		
37 <sup>+0</sup> – 44 <sup>+6</sup>	8+	8		

Frequency of dosing may need to be adjusted in renal impairment

# Preparation and administration

**Compatible fluids**: glucose 5%, glucose 10%, sodium chloride 0.9% (Note: benzylpenicillin contains 0.28mmol sodium per 100mg), water for injection. *At Y-site: amino acid solution and lipid emulsion (IVN)* 

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### IV infusion

- Dilute each vial with 9.6 mL of water for injection to make 10 mL of benzylpenicillin 60 mg/mL (Note: 600 mg of benzylpenicillin displaces 0.4 mL of diluent).
- Maximum concentration if necessary: <u>300 mg/mL</u> (make as per IM injection) via a central line only
  Shake vial vigorously to dissolve powder
- Draw up prescribed dose and infuse over 30 minutes

## IM injection

- Dilute each vial with 1.6 mL of water for injection to make 2 mL of benzylpenicillin 300 mg/mL
- Shake vial vigorously to dissolve powder
- Draw up prescribed dose (may be diluted further if required to reduce pain)
- Administer by deep injection into the vastus lateralis muscle of the thigh
- Injection may be painful, apply cold pack to the injection site to alleviate pain and discomfort.

# Monitoring

- Renal, hepatic, cardiac and hematologic function during prolonged therapy
- Observe infusion site for thrombophlebitis or extravasation
- Assess for signs of anaphylaxis and adverse reactions, including SpO2 monitoring.

# Storage and Stability

• Use reconstituted and diluted solution immediately - do not store

### **Competency for Administration**

This procedure is carried out by, or under, the direct supervision of a registered nurse/registered midwife who holds current Waikato DHB Generic Medicine Management and IV certification plus Guardrails competency (if administering IV) as well as Neonatal specific competency NCV/NAC (if administering via CVAD).

### **Guardrails Information**

Benzylpenicillin is not currently Guardrails profiled for NICU however will be added at the next upload. See below for limits:

Guardrails Drug Name	Benzylpenicillin*		
Concentration (mg/ml)			
Minimum	60		
Maximum	300		
Dose Rate (mg/kg/hr)			
Default	120		
Soft minimum	60		
Soft maximum	180		
Hard maximum	182		

### References

- Australian Neonatal Medicines Formulary. Benzylpenicillin Drug Guideline 2021, available from: <u>https://www.seslhd.health.nsw.gov.au/royal-hospital-for-women/australasian-neonatal-medicines-formulary-anmf</u>
- Auckland DHB Newborn Services. Benzylpenicillin Drug Protocol. 31<sup>st</sup> March 2018. Available from: https://starship.org.nz/guidelines/benzylpenicillin/
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